

## Recovery & Me

### Voices from Soberstock 2009

My name is Tina - I'm an alcoholic and addict from a home of alcoholics and addicts. Grew up thinking that was normal. Very codependent also. Took me four years of in and out of AA like a tennis ball.

Finally on 12-24-98 I had hit my bottom and through working the 12 Steps and the grace of God my life has become beyond my wildest dreams. Today it's not about the drink or drug. It's about living life on life's terms today. The world has not changed, but it's about how I react to life....one day at a time.

-Tina C., 12-24-98, East Earl, PA