

Recovery & Me Voices from Soberstock 2009

My name is Joanna and I am an adult child of an alcoholic. Before meetings and working the steps, I was a slave to my parents' drunkenness and dry drunkenness. A miracle came to be and I found ACOA and Al-Anon.

I learned for the first time that I actually have choices in my life. I had friends now that believed my story and took me in. I was nurtured and loved in the proper way, not asking for anything in return.

I have an amazing sponsor that takes me through the steps. Without the program, I would be dead. Thank Almighty God for recovery!

-Joanna