

Recovery & Me Voices from Soberstock 2009

Hi, my name is Chuck A. I started drinking and using drugs when I was 13 years old. During the 32 years of my active drug and alcohol use I have spent 14 years in jail and hurt many people. In my active use I've experienced jail, institutions, and dies more than once.

After 32 years of a lot of pain and misery, at the end my health was so bad, my liver and kidneys shut down.

Near death, God blessed me with some wonderful people in my life in the recovery communities and a wonderful sponsor and support group. I have been sober almost five years.

-Chuck A.