

# Voices of Recovery from Soberstock 2011

*Recovery means everything to me. Without it I have nothing. It has given me the ability to be a responsible member of society. I can be a friend, Father, and son. Fully alive is how I feel today. I'm too blessed to be stressed.*

*-Anonymous*

Recovery has given me insight into the habits, thought patterns, and behaviors that hold me back, and kept me from enjoying life. Today my relationships are more meaningful and I am becoming a better person.

-Anonymous