

Voices of Recovery from Soberstock 2011

Trying to truly explain what AA has done for me would take forever. The compulsion has been lifted. I have been restored to sanity (from insanity). I have a Higher Power who guides my life on a daily basis. And I finally know who I am.

The program has given me a solution to all my problems. A design for living as it tells us. The Fear, Resentment, and Anger that I used to live in has been replaced with Love, Tolerance, and Patience.

Getting up in the morning is a joy. Living one day at a time makes it all possible.

And Last but not least, God continues to do for me what I cannot do for myself.

God bless AA

-Duke B.