

Voices of Recovery from Soberstock 2011

- ❖ My recovery is everything to me because since I have been sober, I have meaning to my life once again.

-Javod

- ❖ Recovery: It's opened my eyes to a new way of living the way I always planned that life would be.

-Anonymous

- ❖ Since I have been in recovery I have been able to have good relationships with my family and friends and actually be there physically and mentally.

-Anonymous

- ❖ Recovery is life. I suffer PTSD from service to my country, and staying sober allows me to help other veterans who have suffered the same as me.

-One veteran helping another

