

## Recovery & Me Voices from Soberstock 2009

I am a 46 year old recovering addict from Harrisburg, PA. My addiction has drugged me through rough times that I thought I would never see.

By the grace of God, I am here today. I thought there was no light at the end of the tunnel. I am living proof that there is light at the end of the tunnel.

I am now a year clean so don't count the days, make the days count. One day at a time just for today.

Do not give up before the miracle happens.

-Tina D.