

Recovery & Me Voices from Soberstock 2009

My recovery story starts January 2003. My grandmother had just died and I tried to commit suicide. I ended up in detox and went to Upper Darby for recovery.

I got involved with Intergroup, chairing meetings, and doing service work. I relapsed December 2008 because I didn't use my sponsor, meetings, or steps and I had a God but I didn't use it.

I went to Creation festival June 24 and re-committed my life. I've been sober since March 24, 2009.

-Anonymous