

## *Still Recovering*

I am a recovering alcoholic. I do not consider myself recovered. Although I have been clean and sober for 13 1/2 years.

My life has finally gotten to the point where I want it to be. I am happy. I have a family. I have a job. And I have friends and family who respect me and my choice not to drink.

I got sober when I was 22 years old. I never realized then the ups and downs my life would take to get me to the point where I am today. It was not always an easy path that I chose. But through it all I kept my eye on my sobriety. I kept coming back.

I made sure to surround myself with people in my recovery program, as well as people outside the program that were living healthy lives and making good choices.

It has been over 13 years for me, but I still pray to my higher power every night to thank him for keeping me from that first drink for today. I know that this is a disease that I will always have, just like someone who has diabetes.

I am better but not cured. I thank the wonderful program of AA and the people I have met over the years who have helped me work the program and follow the steps.

*- A Grateful Recovering Alcoholic in Douglassville, PA*