

September is National Recovery Month: “Join the Voices for Recovery-Recovery Benefits Everyone”

Personal stories about Recovery

I haven't had a drink or used a drug in 6 years, and I'm alive today and in long-term recovery because of government-funded treatment programs that help people just like me. However, it wasn't long ago that I was sick, unemployed, and uninsured. Ready to change, I took the first step to recovery by making a difficult phone call, ending up in a nonmedical detox program for people who cannot afford care. After detox, I was guided into a 90-day treatment facility and, although it took multiple attempts to maintain my recovery, those initial periods of treatment were crucial. While those months of care cost the state money, I believe that I have been able to repay that debt over and over.

Today I'm employed, I'm medically insured, I pay taxes, and I volunteer. I also own a registered automobile with auto insurance, have a valid driver's license, and am able to give back to my community....

It's not an exaggeration to say that I know hundreds of people exactly like me in recovery who are well-respected and able to live, work, learn, and participate in their communities. I cherish my relationship with my family and community of friends, something I would have missed out on had it not been for the help I received.

=Cindy C.