

## **September is National Recovery Month: "Join the Voices for Recovery-Recovery Benefits Everyone"**

### **Personal stories about Recovery**

I started using drugs at age 12 and couldn't stop, but I am now in long-term recovery.

After I found heroin at age 17, nothing was important to me other than using drugs. During this whirlwind I became pregnant, but that didn't stop me from using. I was in and out of treatment for years until I finally threw my hands up and gave myself to recovery. I was done with the pain of addiction. A recovery community organization took me in and showed me how to live again. I became a member of a 12-step program that has saved my life.

Today, I am surrounded by recovery, and I love every bit of it. I have been drug-free for almost 4 years. I am a proud wife, mother, sister, daughter, and friend. Recovery has turned my life around completely, and for that I am truly grateful.

-Honesty L.