

Behavioral Health Education Services LLC

Certified Family Recovery Specialist (CFRS) Trainings

Presented by
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All Trainings are
Pennsylvania Certification Board (PCB) Approved Education



CFRS are individuals who have been affected by another person's substance use disorder. The primary function of the CFRS is to share their lived experience and to assist families in entering and maintaining their own pathway to recovery, helping them access needed resources, and overcome barriers.

The Certified Family Recovery Specialist (CFRS) credential requirements:

Education: 60 hours of training/education including: 24 hours in Family Recovery and Wellness; 12 hours in Advocacy and Support; 6 hours in Professional Ethics; 6 hours in Confidentiality; and 12 hours specific to substance use disorder. • Minimum High School Diploma/GED • There is no time limit on when training was acquired for initial certification

Letters of Reference/Character: Applicants must submit three (3) letters of reference/character. Letters may not be from family members. Letters should show the impact the applicant has made to the field. They should also include how the applicant practices self-care, how they have developed boundaries and how they work with other families. The letters of reference/character must be from each of the following areas: • Personal (1) • Professional/volunteer (1) • Within recovery support services (1)

Statement of Lived Experience: Applicants must submit a written statement describing their experience navigating multiple systems; describing how their experience informs their work with other families, what resources they have accessed, and what family recovery means to them. Applicants should also describe how long they have considered themselves in recovery. Written statements must be a minimum of 1000 words.

The CFRS Trainings Will Be Held

Saturdays 6/16/18 – 8/18/18 from 9am - 4pm

At

West Lawn United Methodist Church

15 Woodside Ave

West Lawn, PA 19609

(Reiner Education Building – 1st Floor – Room 109)

Topics Include:

Foundations of Recovery
Science of Addiction and Recovery
Process Addictions
Fundamentals of Recovery Coaching
Many Pathways to Recovery
Basic Concepts of Ethics in Peer Culture
Ethics & Self-Care
Confidentiality Values and Principles
Message, Media, and Advocacy
Motivational Interviewing in Peer Support Services

Defining Peer Recovery Support Services
Trauma Concerns in Recovery
Co-Occurring Disorders
Facilitating Individual and Family Recovery Planning
Communication Skills Building for Individuals/Groups
Values, Ethics, and Boundaries in Peer Culture
The Impact of Addiction on the Family System
Implementing Confidentiality Practices
The Evolving Role of Self-Disclosure
Crisis Intervention

Registration Deadline for These Trainings Is 6/8/18. Register Early Due to Limited Space.

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Certified Family Recovery Specialist (CFRS) Trainings
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REGISTRATION FORM

Full Name: _____ Organization: _____
 Mailing Address: _____ City: _____ State/Province: _____
 Zip/Postal Code: _____ Telephone: (_____) _____ Email: _____

PLEASE CHECK ALL TRAININGS YOU WOULD LIKE TO BE REGISTERED FOR (ALL TRAININGS INCLUDE COURSE MATERIALS)

Date	Trainings	Time	Check All That Apply
6/16/18	Foundations of Recovery (3 Credits)	9 am – 12 pm	
6/16/18	Defining Peer Recovery Support Services (3 Credits)	1 pm – 4 pm	
6/23/18	Science of Addiction and Recovery (3 Credits)	9 am – 12 pm	
6/23/18	Trauma Concerns in Recovery (3 Credits)	1 pm – 4 pm	
6/30/18	Process Addictions (3 Credits)	9 am – 12 pm	
6/30/18	Co-Occurring Disorders (3 Credits)	1 pm – 4 pm	
7/7/18	Fundamentals of Recovery Coaching (3 Credits)	9 am – 12 pm	
7/7/18	Facilitating Recovery Planning for Individuals and Families (3 Credits)	1 pm – 4 pm	
7/14/18	Many Pathways to Recovery (3 Credits)	9 am – 12 pm	
7/14/18	Communication Skills Building for Individuals and Groups (3 Credits)	1 pm – 4 pm	
7/21/18	Basic Concepts of Ethics in Peer Culture (3 Credits)	9 am – 12 pm	
7/21/18	Values, Ethics, and Boundaries in Peer Culture (3 Credits)	1 pm – 4 pm	
7/28/18	Ethics & Self-Care (3 Credits)	9 am – 12 pm	
7/28/18	The Impact of Addiction on the Family System (3 Credits)	1 pm – 4 pm	
8/4/18	Confidentiality Values and Principles (3 Credits)	9 am – 12 pm	
8/4/18	Implementing Confidentiality Practices (3 Credits)	1 pm – 4 pm	
8/11/18	Message, Media, and Advocacy (3 Credits)	9 am – 12 pm	
8/11/18	The Evolving Role of Self-Disclosure (3 Credits)	1 pm – 4 pm	
8/18/18	Motivational Interviewing in Peer Support Services (3 Credits)	9am – 12pm	
8/18/18	Crisis Intervention (3 Credits)	1pm 4pm	

Entire 60 Credit CFRS Program

\$700.00

(Includes Training Materials & Continental Breakfast)

3 Credit Training (Includes Training Materials)

\$40 x = \$

Total \$

REGISTRATION/PAYMENT METHOD OPTIONS:

- Complete and Mail Registration Form to:** Behavioral Health Education Services LLC
P.O. Box 534, Birdsboro, PA 19508

Mailed registrations must be accompanied with a Check/Money Order made out to: Behavioral Health Education Services

- Register and Pay online:** To pay online, go to www.behavioralhealtheducationservices.com

If You Have Any Questions Regarding These Trainings:

Call: 267-281-8930

Email: BHEducationServices@gmail.com